



IAHCSD Board of Directors

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IAHCSD FOUNDATION Board of Trustees

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Website: www.iahcsd.com

IAHCSD September 2026 Newsletter (IAHCSD Bollettino mensile di settembre 2026)

Message from the President (Messaggio da la Presidente)

Cari Amici,

Here we are THE DOG DAYS OF SUMMER with Labor Day just around the corner. It's time for our club to get back to business.

This month our foundation will be making a special donation to the Mark Whitford Scholarship Foundation on **September 11th, 2026, Patriot's Day**. Mark was a Firefighter with Engine 23 when he lost his life on that fatal day in the Twin Towers. His parents, Roger and Carol Whitford who I had the pleasure of meeting, have set up a memorial for September 11th on their property since there was none in Delaware 15 years ago.

We are planning to go and deliver the check on 9/11, and this event is open to the public. The address is 17181 Minos Conaway Lewes. I hear over 500 people attend every year. May all who lost their life that day rest in peace.

Don't forget to check out our website www.iahcsd.com for all events and meetings. Please take time to read our Newsletter which also lists events. We have a new Editor for the Newsletter, Cindy Baudoin and we thank Tina Donofrio for her dedication to the Newsletter for so many years.

Always know that if you have any questions, you can send us an email at italiamia@iahcsd.com or give me a call at (917) 577-3171. Thank you for your continued support towards our club and foundation.

Grazie Maria

"TOGETHER LET US DO GOOD"

IAHCSCD FOUNDATION Updates

Our FootballMania is now up and running, please share with your friends it's a fun and easy way for our Foundation to raise funds and for you to win money too, our goal is \$3,000. Help us get to our goal!



FootballMania!

Purchase FootballMania tickets, contribute to a great cause, and have a chance to win cash prizes!

How it works

How the fundraiser works -

To raise money, we are selling FootballMania tickets for \$25 each. With each ticket you buy, you'll get a digital FootballMania raffle-like game card that gives you a chance to win \$100's in cash prizes! Once you have a game card, you are automatically entered into the sweepstakes and do not need to do anything else to win.

The Week 1 ticket sales/activation deadline will be on Saturday, September 9th at 11:59pm Eastern Time.

Don't delay and get yours today!

USE THIS LINK TO ENTER – <https://www.charitymania.com/give/SG06F>

Please send this link to family and friends. The link to FootballMania is also available on our website and on our Facebook page. For every ticket sold we receive 70% of the sale price. We have a target fundraising goal of \$3000. Let's make this happen!

NOTE TO MEMBERS: The IAHCSCD Foundation always considers non-profit donations. If you volunteer or donate at a non-profit in Sussex County, please send information (name, contact, background, how the organization supports Sussex County communities & your involvement) to www.iahcscd.com and the Foundation will consider adding to our growing list of non-profits to support.

New IAHCSCD Members (Nuovi Membri IAHCSCD)

No new member this month.

Total IAHCSCD MEMBERS 84

MEMBER BIRTHDAYS ~ BUON COMPLEANNO!

July Birthdays (Compleanni di luglio)

Buon compleanno! 🎂

Vincent Marra	Jul-1
John Distasio	Jul-16
Harry Borchers	Jul-17
Patricia Pastore	Jul-18
Barbara Capuano	Jul-19
Stephen Marra	Jul-19
Diana Moneferrante (Wheeler)	Jul-27

August Birthdays (Compleanni di agosto)

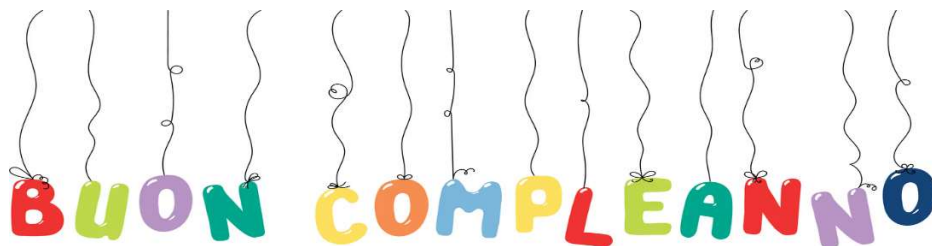
Buon compleanno! 🎂

Eugene Budd	Aug-5
John Miano	Aug-14
Joseph Curcio	Aug-18
Barry Barber	Aug-22

September Birthdays (Compleanni di settembre)

Buon compleanno! 🎂

Domenico Bernardo	Sep-6
Dominic Monteferrante	Sep-12
Stephen Florek	Sep-13
Susan Faga	Sep-14
Julie Marra	Sep-18
Barbara Braucht	Sep-23
Theresa Dippolito	Sep-23
Cindy Lou Cusimano	Sep-24
John DeNoia	Sep-24



Upcoming Meetings, Dine & Donate & Events

SAVE THE DATE!

September 13, Sunday ... Annual IAHC Picnic

- Holts Landing State Park, 27046 Holts Landing Rd, Dagsboro
- Information and Tickets are now available on the website - <https://iahcsd.com/events/>

October 12, Monday ... Dinner and Show FUND RAISER

- Mio Fratello Restaurant 38016 Fenwick Shoals Blvd Selbyville, DE
- Entertainment by Dan Gaffney ~ Mind Mysteries
- More Information and Tickets are now available on the website - <https://iahcsd.com/events/>

November 3, Tuesday ... DINE TO DONATE

- Bethany Blues 18385 Coastal Hwy, Lewes, DE
- More Information to come!

November 16, Monday ... Regular Club Meeting

- Beaver Creek Club House
- Potluck & Card Games
- Toys for Tots Drive
- More Information to come!

December 10, Thursday ... Festa Di Natale

- Hyatt Place Hotel, Dewey
- Entertainment by Vincent Varrassi
- 5:00pm – 9:00pm
- More information to come!

For your conversations (Per le tue conversazioni) Italian with Maria

LEARN ITALIAN EVERY DAY



COME SI DICE DAVVERO

Six Words Americans Say Wrong

ENGLISH	ITALIAN	SAY IT LIKE
bruschetta	broo-SKET-tah	<i>never -SHET-tah</i>
gnocchi	NYOHK-kee	<i>never guh-NOH-chee</i>
prosciutto	proh-SHOOT-toh	<i>the pro- is not pruh-</i>
pancetta	pahn-CHET-tah	<i>the c is ch</i>
radicchio	rah-DEEK-kyoh	<i>cch is a hard k</i>
ricotta	ree-KOHT-tah	<i>hold the double t</i>

Which one have you been saying wrong?

@EverydayItalian

Italian History and Culture (Storia e cultura Italiane)

A map showing where Italian ancestry is most common across the United States.

Italian American heritage is especially concentrated in the Northeast, where large communities formed during one of the biggest immigration waves in U.S. history. Between the late 1800s and early 1900s, millions of Italians arrived in the country, many from southern Italy and Sicily, and settled near ports, factories, construction projects, and railway jobs.

The strongest concentration remains around New York, New Jersey, Connecticut, Rhode Island, Massachusetts, and Pennsylvania. In many counties across this region, at least 10% of residents report Italian ancestry, with some areas reaching much higher shares.

Smaller but noticeable communities also appear around Chicago, South Florida, New Orleans, California, Nevada, and parts of the Mountain West. These pockets reflect different migration stories, including direct settlement from Italy and later movement by Italian American families from the Northeast to other parts of the country.

The percentages are based on self-reported ancestry collected through the American Community Survey. People can report more than one background, so the map includes residents who identify as fully or partly Italian. It measures family heritage rather than birthplace, citizenship, genetics, or the language spoken at home.

Counties shown in white have fewer than 2% of residents reporting Italian ancestry. As families move, intermarry, and describe their identities differently across generations, these patterns can gradually change.

More than a century after the largest migration waves, Italian heritage still forms one of the clearest cultural regions on the American ancestry map.

#education #geography #map #usa #italy



From the Italian Kitchen (Dalla cucina italiana)



This simple basil dressing is fresh, vibrant, and lets the tomatoes be the star—just the way Italian cooking is meant to be.

Ingredients-

- 1 cup packed fresh basil leaves
- 1/2 cup extra virgin olive oil
- 2 tablespoons red wine vinegar
- 1 small garlic clove
- 1 teaspoon sea salt
- 1/2 teaspoon freshly cracked black pepper

Directions-

1. Add the basil, olive oil, red wine vinegar, garlic, salt, and pepper to a blender.
2. Blend until smooth and bright green.
3. Toss gently with sliced ripe tomatoes just before serving.
4. Finish with a pinch of flaky sea salt, and an extra drizzle of good olive oil.

Tip: This dressing is also delicious over mozzarella, grilled chicken, pasta salad, grilled steak or grilled vegetables.

Storage: Store the dressing in the sealed mason jar and refrigerate immediately.

For the freshest flavor and brightest color, use within 3 days. Before serving, let the dressing sit at room temperature for 15-20 minutes, as the olive oil will naturally solidify in the refrigerator.

Shake well before using

Please share your Italian recipes with other IAHCSCD members.

Email your favorite recipes to Cindy at italiamia@iahcsd.com

And in the Subject Line of the email use "RECIPES"



Italian Proverb of the Month of September

"In settembre l'uva è matura e il fico pende"

which translates to

"In September the grapes are ripe and the fig hangs."

Meaning and Traditions:

- **The Harvest:** It marks the true arrival of autumn and the peak of the grape and wine harvest across Italy.
- **Nature's Timing:** It reflects rural wisdom about enjoying seasonal fruits at their exact peak of perfection.
- **Changing Weather:** September sayings also highlight cooler mornings, earlier sunsets, and the shift from summer heat to autumn breeze.

QUESTIONS, SUGGESTIONS OR COMMENTS?

Please contact Cindy Baudoin, Newsletter Editor

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