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IAHCSCD OCTOBER 2025 Newsletter

IAHCSCD bollettino mensile di ottobre 2025

Message from the President (Messaggio da la Presidente)

Buongiorno Amici,

As we find ourselves in the month of October, we realize how fast time is passing. Once again, the IAHC is hosting our Annual Fund Raiser Event which is being held at Mulligan's Point Country Club in Georgetown on Monday, October 13th. This year we are trying something new. Along with a wonderful buffet, we will be entertained by Vincent Varrassi and his 5th Ave Band.

We will also be raffling off gifts provided and donated by local vendors in Sussex County. Tickets for these raffles will be sold by category anywhere from \$5.00 to \$20.00. \$20.00 will be for our GRAND PRIZE. All proceeds from this event will be for our Sussex County High School Scholarships and other community donations during the year.

I hope you will all come and enjoy a fun filled evening.

All information can be found on our website www.IAHCS.com.

As always, thank you for your continued support.

Grazie

Maria Diaferia, President

"TOGETHER LET US DO GOOD "

Congratulations & Thank you!

Jean Palmieri agreed to be our official MEDIA LIAISON. She'll oversee writing to local newspapers regarding our fundraising events etc.

Thank you, Jean!

IAHCSCD FOUNDATION Updates

The Italian American Heritage Club will be hosting our annual Foundation fundraiser on Monday, October 13.

The proceeds of this event will allow our foundation to continue donating to our Sussex County high school student scholarship fund, Cape Henlopen Food Basket, Southern Delaware Therapeutic Riding, Children's Beach House, Southern Delaware Education Foundation and many more community programs.

We hope you will come and join us for a fun night while helping our Foundation give back to our community. Thank you for your support.

Please remember that if you volunteer or donate at a non-profit in Sussex County, the Foundation Board will consider donating to your favorite charity. Please send information (name, contact, background, how the organization supports Sussex County communities & your involvement) to www.iahcsd.com

Thank you to our members for making all IAHC Foundation's donations possible by your endless generosity!

Upcoming Meetings, Dine & Donate & Events

SAVE THE DATE!

October 13, Monday ... Annual Fundraising Event

- Mulligans Point Country Club, 22426 Sussex Pines Rd, Georgetown
- 5pm – 9pm
- \$65 per person
- **\$3000 in raffles & chances! 50/50's! Bring your lucky bucks! Do not miss this!**
- Entertainment & music by Vincent Varassi & the 5th Avenue Band
- Cash bar
- Menu to include grazing table, Caesar salad, bread, roast pork, Zinfandel chicken, pasta primavera, vegetables, mashed potatoes, & dessert.
- Tickets for this event can be purchased on the IAHC website www.iahcsd.com

November 11, Tuesday ... Dine & Donate, Bethany Blues, 18385 Coastal Hwy, Lewes

November 17, Monday

- Beaver Creek Clubhouse, 27378 Covered Bridge Trail, Harbeson
- Event starts at 5PM
- \$20 per person
- Pizza nite with cake for dessert
- Right, left, center ... we know how much you like to play! Bring your \$1bills!

December 11, Thursday ... Buon Natale Annual Christmas Party

- Hyatt Place Dewey Beach, 1301 Coastal Hwy, Dewey
- Event 5pm to 9pm

- \$65 per person
- Entertainment & music by Lisa Ingrid Sax & the Posse
- Cash bar
- Plated dinner to include a choice of Grilled Sirloin, Chicken Marsala or Glazed Salmon, served with Caesar salad, Garlic Asparagus, Scalloped Potatoes, roll/butter, coffee & tea. Upon arrival there will be a complimentary cheese station & signature cocktail.
- In addition, a block of 10 rooms is reserved for event registered IAHC members who would like to stay overnight at the Hyatt. This will be a first come, first served basis and individuals will need to make arrangements through the hotel themselves. Look for details when registering for the event.

October Birthdays (compleanni di ottobre)

Buon compleanno! 🎉

Camille Pesce October 7
 Jan Lokie October 11
 Linda Komorowski October 19
 Robert Dutch October 21
 Yvonne Ditoro October 22
 Gregory Haley October 22

For your conversations (Per le tue conversazioni)

Italian with Maria

ENGLISH	ITALIAN	Pronunciation
Baker	Fornaio	for-NAH-yoh
Barber	Barbiere	bar-BYEH-reh
Bartender	Barista	bah-REE-stah
Butcher	Macellaio	mah-chel-LAH-yoh
Carpenter	Falegname	fah-leh-NYAH-meh
Cook	Cuoco	KWOH-koh
Dentist	Dentista	den-TEE-stah
Doctor	Dottore	dot-TOH-reh
Driver	Autista	ow-TEE-stah
Engineer	Ingegnere	een-jeh-NYEH-reh
Firefighter	Pompiere	pohm-PYEH-reh
Fisherman	Pescatore	pes-kah-TOH-reh

Italian History and Culture (Storia e cultura Italiane)

The story of Columbus Day

October 12, 1492, is of enormous significance in Western history: It is the day when explorer Christopher Columbus completed his journey across the Atlantic Ocean and landed in the “New World.” What Columbus actually reached on that October day was an island he named San Salvador that is now part of the Bahamas. Columbus believed he had found a new route to India and described the peoples he met as “Indians.” No matter, his momentous discovery launched European exploration and colonization of the American continents.

Today, “Columbus Day” is a federal holiday celebrated in the United States every year on the second Monday in October. The holiday continues to evoke discussions about the Age of Exploration and the transformations it provoked, including the injustices done to indigenous peoples.

Columbus Day is the annual U.S. commemoration of explorer Christopher Columbus’ landing in the New World (at San Salvador Island, also known as Waitling Island, today part of the British Bahamas) on October 12, 1492. Columbus was not the first European to cross the Atlantic successfully. Viking sailors are believed to have established a short-lived settlement in Newfoundland sometime in the 11th century, and scholars have argued for a number of other possible pre-Columbian landings. Columbus, however, initiated the lasting encounter between Europeans and the indigenous peoples of the Western Hemisphere.

A number of nations celebrate this encounter with annual holidays: among them are Discovery Day in The Bahamas and Colombia, Día de la Hispanidad (Hispanic Day) in Spain, and Día de la Raza (Day of the Race) in much of Latin America. In 1971, Congress moved the U.S. holiday from October 12 to the second Monday in October to afford workers a long holiday weekend. In the United States, Columbus Day is typically a celebration of Italian and Italian-American cultural heritage, Columbus being considered a native of Genoa, Italy.

In the late 15th century, Portuguese sailors dominated the effort to establish a sea route between Europe and India by circumnavigating Africa. It was with an eye toward outflanking the Portuguese that Isabella I of Spain authorized an expedition in which Columbus would sail west from Spain, aiming for India. Columbus’ achievement rests instead in his success in persuading Isabella to finance a dangerous and speculative expedition.

Columbus set sail with 90 men in August 1492 on three ships: the Santa Maria, the Nina and the Pinta. After sailing west for five weeks, the expedition reached land on October 12. Columbus believed he had found a new route to India, hence the use of the word Indians to describe the peoples he met.

Columbus would make three subsequent voyages and would die believing he had found a new route to India and Asia and not, in fact, the gateway to North and South America.

Because the United States evolved out of British colonization rather than the Spanish claims of Columbus and his successors, the United States for many years did not celebrate Columbus’ “discovery,” although ceremonies were held on the 300th and 400th anniversaries of his first landing.

Italian immigrants were the first to celebrate the holiday annually in U.S. cities where they had settled in large numbers, in part as a celebration of their heritage, since Columbus is considered Italian. Both

New York (1866) and San Francisco (1868) claim the first such celebrations. In 1937, President Franklin D. Roosevelt proclaimed Columbus Day a national holiday, then held every October 12.

Many localities, including Berkeley, California, have replaced Columbus Day with Indigenous Peoples Day to honor the original inhabitants of the islands where Columbus landed. South Dakota renamed the holiday Native American Day, and Alabama celebrates a combination Columbus Day and American Indian Heritage Day. Hawaii calls it Discovery Day.

New York City, Denver and many other cities continue to host festive Columbus Day parades, more than 500 years since the historic appearance of three ships off the coast of a small Caribbean island.

What are your thoughts on the ongoing Christopher Columbus controversy?

From the Italian Kitchen (Dalla cucina italiana)

IT Timballo di Riso IT

Timballo di Riso is a baked rice dish layered with ragu, cheese, and rice, forming a savory Italian “rice pie.”



Ingredients

- 2 cups cooked rice
- 2 cups ragu (meat sauce)
- 1 cup mozzarella, shredded
- ½ cup Parmesan cheese
- 1 tbsp olive oil

Instructions

- 1 Preheat oven to 180°C (350°F).
- 2 Grease a baking dish with olive oil.
- 3 Spread a layer of rice on the bottom.
- 4 Add ragu and mozzarella on top.
- 5 Repeat layers until ingredients are finished.
- 6 Sprinkle Parmesan on top.
- 7 Bake 30–35 minutes until golden.

Please share your Italian recipes with other IAHCSCD members

Send your favorite recipes to Tina @ bdonofrio2010@yahoo.com



QUESTIONS, SUGGESTIONS OR COMMENTS?

Please contact Tina Donofrio, Newsletter Editor

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