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## **IAHCSD March, 2025 Newsletter (IAHCSD bollettino mensile di agosto e marzo 2025)**

### **Message from the President (Messaggio da la Presidente)**

Miei Cari Amici,

I'm happy to report that our February event, Carnevale, was a total success. From the catered food from Bella Capri to the entertaining sounds of Vincent Varrassi, this event proved to be a night of fun and laughter. I might add that everyone was dressed to the nines showing off their dazzling Carnevale masks and their colorful outfits .

Our next event , Mingo and Pizza will be held on March 24th. Information can be found on our web site at IAHCSD.COM under EVENTS. This will be posted soon . We will also be making a donation to Marc Sterone from the Southern Delaware Education Foundation for education and professional certification scholarships.

Thank you all for your continued support and hope to see you soon.

Grazie,

Maria Diaferia

President

Together let us do good !

## February Event

**Carnevale**, the final hurrah before the restrictions of Lent begin on Ash Wednesday (March 5, 2025), was celebrated on February 24. It was a time to enjoy feasting (Bella Capri), music (Vincent Varrassi), drink, merrymaking, masquerading and our members did it all! Along with Vincent's excellent performance on the keyboards, Tony Vernola serenaded us with an Italian melody, *Vicino a Mare* (Near the Ocean) and Lisa Vernola with a lively tune of *Route 66*! Another fun time for all!



Maria & Tony



Lou & Pat



Paula



Vincent & Tony

## IAHCSCD FOUNDATION Updates

### DO MORE 24

Do More 24 was a success! And it's all thanks to generous donations!  
Our supporters helped us raise **\$925!**

On behalf of the board of the ItalianAmerican Foundation, our deepest gratitude. We truly appreciate your continued support and your commitment to making a difference in your community.

These funds will be allocated to help the following in 2025:

- The graduates of **Cape Henlopen High School** pursuing their academic and professional journey to become our next generation of great citizens;
- The graduates of **Southern Delaware Education Foundation** advancing their careers to a higher level to improve their lives and the lives of their families;
- The children with speech and language disabilities at **Children's Beach House** developing positive academic and social skills for their future;
- The disabled children and adults at **Southern Delaware Therapeutic Riding** improving their physical and emotional well-being;
- The veterans who served us at **Home of the Brave** in their journey to secure permanent housing;
- Those in need visiting **Cape Henlopen Food Basket** for food service and essential needs.

**Thank you for your endless generosity!**

## March Birthdays (compleanni di marzo)

### Buon compleanno!

Cynthia Valone ..... March 1  
Sandy Criscimagna ..... March 3  
Anthony Guasto ..... March 9  
Lucille Curcio ..... March 17  
Celeste Florek ..... March 17  
Gary Conte ..... March 18

## Upcoming Meetings & Events:

### SAVE THE DATE!

#### March 24, Monday ... IAHC Dinner meeting, **Mingo & Pizza**

- Beaver Creek Clubhouse, 27378 Covered Bridge Trail, Harbeson
- DJ, Pat Brown
- Guest, Marc Sterone, Southern Delaware Education Foundation
- \$20 per person
- Event starts @ 5pm
- BYOB
- To register, go to <https://iahcsd.com>

#### April 27, Sunday ... Nonna's Sunday Afternoon **Spaghetti & Meatball Dinner**

- Event starts 2pm
- Guest, Jo Allegro-Smith, Southern Delaware Therapeutic Riding

#### May 19, Monday ... **Lasagna cook-off**, more information to come!

#### December 11, Thursday ... **Buon Natale**, Cripple Creek, Dagsboro, more information to come!

## For your conversations (Per le tue conversazioni)

### Learn Italian with Maria .....

ENGLISH	ITALIAN
I don't know.	Non lo so.
I don't have it.	Non ce l'ho.
I don't want it.	Non lo voglio.
I don't like it.	Non mi piace.
I don't believe it.	Non ci credo.
I don't have time	Non ho tempo.
I don't understand.	Non capisco.

## Italian History and Culture (Storia e cultura Italiane)

### A Story Bigger than Shamrocks

#### Let's celebrate the Irish this month!

First, let's get it straight ..... Saint Patrick was of Roman descent. His parents, Calpurnius and Conchessa, were Romans who lived in Britain and managed Roman colonies.

Before he became a symbol of all things Irish, St. Patrick was a captive turned courageous missionary. As a boy, Patrick was kidnapped by Irish raiders and enslaved Ireland. While tending sheep, he remembered Bible stories from his dad and gave his life to Christ. After escaping back home to Britain, God called him to do what most would consider unthinkable ... return to Ireland and share the gospel with the very people who enslaved him. Through courage and faith, Patrick bought the message of salvation to Ireland despite facing incredible opposition.

Besides being the patron saint of Ireland, he is also considered the patron saint of engineers because he introduced the use of lime mortar and arches to Irish builders.

**\*\*\*Please share your Italian recipes with other IAHSCSD members.  
Send your favorite recipes to Tina @ [bdonofrio2010@yahoo.com](mailto:bdonofrio2010@yahoo.com)**

## **From the Italian Kitchen of Maria Diaferia**

(dalla cucina italiana di Maria Diaferia)

### **Spizzato**

2 lb veal	1 can (7oz) tomato paste
1 lb hot sausage	2 cans water
2 T. oil	Sugar
2 onions	Salt
1 clove garlic	1 green pepper
Oregano	1 lb mushrooms

Sauté veal, hot sausage in oil until brown.

Add onion & garlic, sauté until soft.

Add tomato paste, water, sugar, salt & oregano.

Simmer for 1 ½ to 2 hours or until veal is tender.

In another pan, combine pepper & mushroom only until brown.

Add to veal mixture & cook for ½ hour.



## Out and About .....

### Michelangelo in Virginia?

To see Michelangelo's Sistine Chapel ceiling, a trip to Vatican City is in order. But a new exhibition is bringing the iconic frescos to the **Muscarella Museum of Art in Williamsburg, Virginia** — well, at least sketches of them.

From **March 6** (the Italian artist's 550th birthday) **through May 28**, the "Michelangelo: The Genesis of the Sistine" exhibit will feature **25 rarely seen sketches Michelangelo created** to map out the Sistine Chapel's design. Although the Renaissance master made hundreds or perhaps even thousands of sketches during the planning process, fewer than 50 exist today, as he destroyed many of them, *Smithsonian Magazine* reports.

Some of the exhibit highlights include his plans for "The Last Judgment" and figures that didn't end up in the final design, as well as large, **highly detailed re-creations of scenes from the Sistine Chapel**. "That's where it's really going to become powerful for viewers," museum director David Brashear told Artnet. "Like, 'this is the head of one of the figures in the Sistine Chapel ceiling frescoes' and 'this is what it looks like in the final form, as Michelangelo put it up on the ceiling.'" Scroll through some of the sketches ..... <https://click.convertkit-mail.com/qduo5n7edwc7h44z8lxs7a8304kkkc4/6qhehoulvlwz5eu9/aHR0cHM6Ly93d3cuc21pdGhzb25pYW5tYWcuY29tL3NtYXJ0LW5ld3MvbWljaGVsYW5nZWxvcy1zaXN0aW5lLWNoYXBibC1za2V0Y2hlcY1hcmUtY29taW5nLXRvLWFtZXJpY2EtMTgwOTg2MDg3Lw==>

### Met Opera Live in HD: 2024-25 Season

The award-winning **Met Opera Live** in HD series is back for the **2024-25 season**. This exciting cinema lineup features a record-breaking seven new productions—including three Met premieres—and three favorite revivals, all transmitted live from the Met stage. With exclusive behind-the-scenes content, including backstage interviews hosted by your favorite Met stars, the Live in HD series creates a unique and immersive opera experience that you won't want to miss.

All live events take place on **Saturdays**, with encore presentations of select screenings the following **Wednesday**. Most live events begin at **12:55pm**. Call (410) 520-0040 or check online [www.ocshowtimes.com](http://www.ocshowtimes.com) for tickets, start times and more information.

**Fidelio** - March 15 & 19  
**La Nozze di Figaro** - April 26 & 30  
**Salome** - May 17 & 21  
**Il Barbiere di Siviglia** - May 31 & June 4

Gold Coast Theaters  
11301 Coastal Hwy, Ocean City, MD 21842  
Located in Gold Coast Mall

#### QUESTIONS, SUGGESTIONS OR COMMENTS?

Please contact Tina Donofrio, Newsletter Editor

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